Fluoride is naturally present in all water.

Community water fluoridation is the precise adjustment of naturally occurring fluoride to the level for optimal dental health.

0.7 PPM (parts per million) is the optimal fluoride level in community water.

That means 7/10ths of a part of fluoride is diluted in a million parts of water.

70+ years of scientific evidence supports water fluoridation as THE most effective, safe and cost-effective public health measure to prevent and repair tooth decay.

- Reduces dental decay by 25–45%
- Helps adults fight tooth decay that occurs as gums recede with age
- Recognized as one of the 10 greatest public health achievements of the 20th century
- Helps prevent tooth decay - the most common chronic childhood disease
- Helps prevent the loss of approximately 51 million school hours to dental disease
- Provides $43 in savings for every $1 invested
- Causes tooth decay - the most common chronic childhood disease

Visit floridafluoridation.org to learn more about how water fluoridation improves Florida communities’ health and find out if your community’s water is fluoridated.